



Conference Presenters
(10/5/2018)

Wally Goddard, Ph.D. was recognized as one of the nation’s leading family life educators during his career as a professor of Family Life in Alabama and Arkansas. He was awarded the Arcus Outstanding Family Life Educator Award and granted Fellow status in the National Council on Family Relations. During his career, he developed creative programs on personal well-being, marriage, and parenting, including Blueprint for Happiness, The Marriage Garden, and The Parenting Journey. He created a television series on parenting for public television and has authored or co-authored several books including Between Parent and Child, The Soft-Spoken Parent, Bringing Up Our Children in Light and Truth, and Drawing Heaven into Your Marriage. He has written regular columns for Meridian Magazine for many years and is currently working on a book titled Discoveries: Essential Truths for Relationships. He and his wife, Nancy, have three adult children, fourteen grandchildren, and have cared for many foster children.



Scott Gardner, Ph.D. is the Dean of Teacher Preparation Programs at BYU-Idaho. He has taught marriage and family classes for the past 11 years. Before that, he taught at South Dakota State University for 11 years and researched the effectiveness of marriage education programs for high school aged youth. His Ph.D. is in Marriage and Family Therapy from Texas Tech University and he is a Board Certified Coach. Most importantly, he celebrates his marriage of 30 years to his wife, Brenda.

David Schramm, Ph.D. was born and raised in Payson, Utah. After serving a mission in Jacksonville, Florida, he married his high school sweetheart, Jamie, in the Salt Lake Temple, and they are the parents of four children. He earned degrees from Utah Valley State College, Brigham Young University, Utah State University, and a Ph.D. in Family Studies from Auburn University. He worked as a professor and Family Life Extension Specialist at the University of Missouri for nine years, teaching relationship, parenting, marriage, and divorce education in classrooms and in workshops around the state of Missouri. In June of 2016, he accepted a faculty position at Utah State University and the Schramm fam lives in North Logan. Since arriving at USU, He has been appointed by Governor Herbert to serve on Utah’s Commission on Marriage and he conducts trainings around the state on a variety of family life topics. His work centers on promoting personal well-being and happy and healthy relationships, including romantic and marital relationships, parent-child relationships, and coparenting relationships for separated or divorced parents. He was called to serve as the bishop of a newly created ward in North Logan this past January. His greatest joys are experienced while spending time with his wife Jamie and their four children and serving the Lord.



Jeremy Boden, Ph.D. is an assistant professor at Utah Valley University where he teaches courses in marriage and relationships, family dynamics, and human sexuality. Jeremy is also a licensed marriage and family therapist in private practice in Provo, Utah where he specializes in couple therapy. He has received extensive training in couple therapy and is a certified Emotionally Focused Therapist. Jeremy is also certified to teach a number of family life education programs and is a frequent presenter in the community on marriage enhancement, relationship development, and sexuality in marriage.

Jeremy has presented research at local, national, and international professional conferences. He has also published in scholarly journals and books. Jeremy is currently the primary investigator in an extensive research project on marital sexuality.

Jeremy is married to his beautiful and supportive wife, Daria. They are the parents of four children. He loves reading, the theater, playing and watching sports, and spending time with his family.

Darwin Crosland, LCMHC has been engaged in providing mental health services since he started while a missionary for the LDS Church, giving marital counseling, which counseling preserved the couples marriage. He has over 32 years in the behavioral sciences, with an Associate of Science degree from Snow College with emphasis in Psychology. He continued his undergraduate work in earning a Bachelor of Science in Social Work from Utah State University. He did his graduate studies at the University of Phoenix, earning a Master of Counseling / Mental Health Counseling degree. He has worked with people of all walks of life, from immigrants from China, Singapore, and Syria. He has worked with numerous Native Americans, Navajo, Sioux, Cheyenne, Lakota, and Shoshone. He has worked with people are from New Zealand, Samoa, and Tonga. He specializes in depression, anxiety, domestic violence, trauma from other



forms of violence, and substance abuse dependence and abuse. He has treated our wounded warriors (veterans and active duty service men and women), psychologists, medical doctors, nurses, lawyers, bank branch presidents, and CEOs. He has worked with professional athletes, police officers, EMT's and paramedics. He is as comfortable treating a homeless individual as the Head of State. He is not intimidated by any disease, disorder, and will walk with his clients through the healing process, regardless of their challenges. His philosophy is, "I don't treat mental disorders, I treat people who have challenges in life. I treat them with the respect they deserve. I care to give the very best care and attention I can. to each of my clients."



Sheryl Goodey is the program manager of Utah State University's statewide Stepfamily Education programs. She recently graduated with a Ph.D. in Human Development and Family Studies from Utah State University. Her research has been devoted to relationship education including, stepfamily relationship education. She is the mother to five biological children and five stepchildren.

Keith Denning is an inspiring presenter and life mentor. Over the 38 years of marriage, he and his sweetheart, Pat, have endured heartbreaking challenges, grown in love, and celebrated heartwarming experiences. He feels that their greatest accomplishment is having learned how to grow and nurture their love through the difficult and discouraging challenges. Keith's passions in life are his sweetheart, Pat, family, faith in his Savior and Heavenly Father, and helping others to flourish in their challenging opportunities. He believes that challenges are God's way of taking us to the next level. That is where we always need to be headed...to the next level.



Katy Rushton was born and raised in Lincoln, England. Having a keen interest in the mechanics behind human behavior lead Katy to train as a counsellor. Her final year included completing a Cognitive Behavioral Therapy Diploma, and a Creative Therapy Diploma. Wanting more, Katy came to America to attend university and further her education.

Now graduated from Brigham Young University-Idaho July 2018 with a Bachelor of Science in Marriage and Family Studies. She is thriving as a Life Coach, Mentor, and Educator while building her own business—Aspen Family Wellness Center. This new organization provides; online foundation coaching classes through the year, individual coaching, and education workshops.

Parker Syphus currently serves as the Program Manager for the Foundation for Family Life's MentorWorks program, including teaching a popular Fatherhood course at the Salt Lake County Jail every week. Parker has worked at the Foundation since 2015 and has been teaching Fatherhood since 2106. He obtained his Bachelors degree in Marriage and Family Studies from BYU-Idaho in 2015 and will complete his MBA program this upcoming April from Western Governors University. Parker's passions include spending time with his two young children, singing and playing guitar with his wife, and playing board games.



Joseph White, Ph.D. Founder and Executive Director of the Foundation for Family Life, (former South Dakota State and University of Nebraska-Lincoln professor), oversees development and implementation of all the Foundation's programs (MentorWorks, NativeWorks, FatherWorks, etc.). For over two decades Dr. White has focused on substance-abuse prevention, responsible fatherhood, and evidence-based risk-prevention programs and organizations. He worked with Dakota and Lakota tribes to develop a culturally-specific, family-oriented alcohol, drug, and suicide prevention program called *Takoja Niwiciyape: Giving Life to the Grandchildren*. His experience with design and implementation of fatherhood programs has been key to the successful, federally-funded MentorWorks reentry program. He maintains relationships with many partner agencies to expand MentorWorks reach for reducing relapse and recidivism. With 34 years of sobriety, Dr. White understands the devastating cycle of addiction and incarceration and is able to connect with those ready to change the destructive patterns in their lives. He served an LDS Mission in Denver, Colorado (1986-1988), earned Bachelors (1992) and Masters (1994) degrees from Utah State University, and a Ph.D. from Texas Tech University (1997). He co-founded the Dakota Fatherhood Initiative, and co-authored the book *Why Fathers Count* (with Sean Brotherson). He and his wife, Alice, of 29 years are the parents of 8 children (7 girls, 1 boy) ranging in age from 10 to 26.

